



**Shobhit
University**

EDUCATION EMPOWERS



Top 101-125 Band
in Pharmacy

CRITERION 3 – RESEARCH, INNOVATIONS AND EXTENSION

3.6.2 AVERAGE PERCENTAGE OF STUDENTS PARTICIPATING IN EXTENSION AND OUTREACH ACTIVITIES BEYOND THE CURRICULAR REQUIREMENT AS STATED AT 3.6.1

To reduce enormous use of paper and printing the ensure data, sign and a seal by the Competent Authority for all the papers, we have used the Class-3 Digital Signatures where a Registration Authority i.e. Dr. Mahipal Singh, Registrar of our University authenticate the documents and responses claimed in this pdf file.



SHOBHIT UNIVERSITY, Gangoh

[Notified by Government of U.P. Act No.3 of 2012, Established u/s 2(f) of UGC Act 1956]

Adarsh Institutional Area, Babu Vijendra Marg,
Gangoh, Distt. Saharanpur - 247341, UP

35 YEARS
OF ACADEMIC
EXCELLENCE





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**Number of Students Participating In Extension and
Outreach Activities beyond the Curricular for
Academic Year 2020-21**



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Date: 22-02-2021

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Holistic Health and Community Wellness Outreach Sangatheda, Saharanpur on 30-03-2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 30-03-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Sangatheda, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal

Report

- Name of the Activity: Holistic Health and Community Wellness Outreach, Sangatheda on 30.03.2021
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- **Date of the Activity** : 30-03-2021
- **Place of the Activity** : , Saharanpur
- **No. of Student Participated** : 22
- **Beneficiaries** : Local Community
- **Activity Coordinator** : Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Holistic Health and Community Wellness Outreach initiative is to promote the overall well-being of individuals by addressing their physical, mental, emotional, and social health needs. This initiative seeks to foster healthy lifestyle choices, improve health literacy, and build a supportive network within the community. By focusing on holistic health, the activity aims to empower individuals to take charge of their own health, while also providing access to resources, tools, and support systems that encourage wellness on multiple levels.

Description

The Holistic Health and Community Wellness Outreach activity consists of a series of workshops, wellness fairs, and hands-on sessions designed to engage community members of all ages. Activities include nutrition education, fitness demonstrations, mental health awareness sessions, stress reduction techniques, mindfulness practices, and screenings for common health conditions. Experienced professionals, including nutritionists, fitness instructors, mental health counselors, and holistic health practitioners, lead the sessions. The outreach effort also includes informational booths, wellness resources, and opportunities for community members to connect with local health services and support networks.

Outcome

As a result of this initiative, community members gain a greater understanding of how to maintain and improve their overall health through holistic practices. The activity fosters increased community engagement, social support, and healthier lifestyles. Participants report higher levels of health literacy, reduced stress, and improved physical and mental health outcomes. Furthermore, the outreach strengthens connections between community organizations and residents, laying the foundation for ongoing wellness initiatives and collective action for health improvement.



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Fig: Holistic Health and Community Wellness Outreach, organized by KSVAMC & RC, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Kultar Singh)



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- **Name of the Activity** : Holistic Health and Community Wellness Outreach
- **Date of the Activity** : 30-03-2021
- **Place of the Activity** : Sangatheda, saharanpur

Sr. NO.	ROLL NO.	NAME	PROGRAM	YEAR	SIGNATURE
1.	KUMAR GAURAV	20014300021	B.A.M.S.	1 st year	
2.	KUNAL GARG	20014300022	B.A.M.S.	1 st year	
3.	MANOJ KUMAR	20014300023	B.A.M.S.	1 st year	
4.	MANVENDRA KUMAR	20014300024	B.A.M.S.	1 st year	
5.	MOHD ZAKIR	20014300025	B.A.M.S.	1 st year	
6.	NISHANT	20014300026	B.A.M.S.	1 st year	
7.	PARVEZ ALAM	20014300027	B.A.M.S.	1 st year	
8.	PREETI PAL	20014300029	B.A.M.S.	1 st year	
9.	PRIYA NASKER	20014300030	B.A.M.S.	1 st year	
10.	PRIYA SAINI	20014300031	B.A.M.S.	1 st year	
11.	RAM KASHYAP	20014300032	B.A.M.S.	1 st year	
12.	RASHID HASAN	20014300033		1 st year	
13.	SANIYA PARVEEN	20014300034	B.A.M.S.	1 st year	
14.	SATENDRA SINGH	20014300035	B.A.M.S.	1 st year	
15.	SHAHJADI	20014300037	B.A.M.S.	1 st year	
16.	SHAKSHI KUMARI	20014300038	B.A.M.S.	1 st year	
17.	SHIVANG PATHAK	20014300039	B.A.M.S.	1 st year	
18.	SUMAIYA MANSURI	20014300040	B.A.M.S.	1 st year	
19.	TANISHA GOYAL	20014300041	B.A.M.S.	1 st year	



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20.	TAVASSUM	20014300042	B.A.M.S.	1 st year	
21.	UNNATI	20014300043	B.A.M.S.	1 st year	
22.	VISHAL	20014300044	B.A.M.S.	1 st year	


Signature of the Coordinator



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Report

- Name of the Activity: Sustainable Food Systems and Nutrition Education Drive, Sangatheda on 07.03.2021
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **07-03-2021**
- Place of the Activity : Sangatheda, Saharanpur
- No. of Student Participated : **23**
- Beneficiaries : Local Community
- Activity Coordinator : Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Sustainable Food Systems and Nutrition Education Drive is to promote the development and adoption of sustainable food practices within the community while raising awareness about nutrition and its impact on overall health. This initiative aims to empower individuals and families to make informed food choices, reduce food waste, and support sustainable agriculture. By fostering a deeper understanding of the connection between food, health, and the environment, this drive contributes to both individual well-being and broader community resilience.

Description

The Sustainable Food Systems and Nutrition Education Drive consists of educational workshops, community cooking classes, and interactive farm-to-table experiences. Participants learn about the benefits of consuming locally sourced, nutrient-rich foods and how to prepare affordable and nutritious meals. The drive emphasizes hands-on learning, including activities such as home gardening, composting, and reducing food waste through preservation techniques. Collaborations with local farmers, nutritionists, chefs, and environmental experts provide diverse perspectives on sustainable eating practices and their social and environmental benefits.

Outcome

Through this initiative, participants gain practical knowledge and skills to enhance their nutrition and make sustainable food choices. The drive leads to increased consumption of fresh and locally sourced foods, reduced household food waste, and heightened awareness of food sustainability issues. Community members report feeling more connected to their food sources and empowered to make changes that positively impact their health and the environment. Additionally, the drive strengthens community ties by creating networks of support and fostering collaboration between individuals, local organizations, and food producers.



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Fig: Sustainable Food Systems and Nutrition Education Drive, organized by KSVAMC & RC, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Kultar Singh)



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Name of the Activity : Sustainable Food Systems and Nutrition Education Drive,
Date of the Activity : 07-03-2021
Place of the Activity : Sangatheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	AAZAM CHAUHAN	20014300001	B.A.M.S.	1 st year	
2.	ABDUL KALAM	20014300002	B.A.M.S.	1 st year	
3.	AHMED RESHAAM	20014300003	B.A.M.S.	1 st year	
4.	AIMAN NAZ ANSARI	20014300004	B.A.M.S.	1 st year	
5.	AMAN GARG	20014300006	B.A.M.S.	1 st year	
6.	ANIL KUMAR	20014300007	B.A.M.S.	1 st year	
7.	ANUSHKA GOYAL	20014300008	B.A.M.S.	1 st year	
8.	ARSHAD ALI	20014300009	B.A.M.S.	1 st year	
9.	DEV SINGH	20014300010	B.A.M.S.	1 st year	
10.	DEVANG CHOUDHARY	20014300011	B.A.M.S.	1 st year	
11.	DIKSHANT KUMAR	20014300012	B.A.M.S.	1 st year	
12.	DINESH KUMAR	20014300013	B.A.M.S.	1 st year	
13.	FARHEEN	20014300014	B.A.M.S.	1 st year	
14.	GAURAV SHARMA	20014300015	B.A.M.S.	1 st year	
15.	GURMEET KUMAR	20014300016	B.A.M.S.	1 st year	
16.	ISHIKA KAMBOJ	20014300017	B.A.M.S.	1 st year	
17.	KM MAHIMA SINGH	20014300020	B.A.M.S.	1 st year	
18.	KUMAR GAURAV	20014300021	B.A.M.S.	1 st year	
19.	KUNAL GARG	20014300022	B.A.M.S.	1 st year	
20.	MANOJ KUMAR	20014300023	B.A.M.S.	1 st year	



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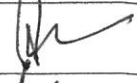


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21.	MANVENDRA KUMAR	20014300024	B.A.M.S.	1 st year	
22.	MOHD ZAKIR	20014300025	B.A.M.S.	1 st year	
23.	NISHANT	20014300026	B.A.M.S.	1 st year	


Signature of the Coordinator

Date: 22-02-2021

Notice

All the students of the School of Engineering & Technology, Shobhit University, Gangoh are hereby informed that School of Engineering & Technology, Shobhit University, Gangoh is organizing Community Resilience and Health Empowerment Drive, Sangatheda on 02.03.2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 02-03-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Sangatheda, Saharanpur**
- **Activity Coordinator: Dr. Shoyab Hussain**





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Report

Name of the Activity: **Community Resilience and Health Empowerment Drive, Sangatheda on 02.03.2021**

Organized by: School of Engineering and Technology, Shobhit University, Gangoh

- Date of the Activity : **02-03-2021**
- Place of the Activity : **Sangatheda, Saharanpur**
- No. of Student Participated : **22**
- Beneficiaries : **Local Community**
- Activity Coordinator : **Dr. Shoyab Hussain**

Purpose of the Activity:

The Community Resilience and Health Empowerment Drive, Sangatheda, held on March 2, 2021, aimed to strengthen community resilience and promote health empowerment. The activity focused on equipping individuals and families with tools, resources, and knowledge to enhance their overall well-being and cope with health and social challenges. By fostering community collaboration and self-reliance, the initiative sought to build a culture of mutual support and collective health improvement.

Description

The drive consisted of a day-long event featuring a wide range of health and wellness activities, including educational workshops on nutrition, preventive healthcare, mental well-being, and disease management. Interactive sessions such as yoga, mindfulness practices, and physical fitness demonstrations provided practical tools for stress reduction and self-care. Community health screenings and consultations with medical professionals were offered on-site. Resource booths showcased local health services, support groups, and sustainable living practices. Community members were invited to engage in open discussions, share experiences, and connect with one another in a supportive environment.

Outcome

The Community Resilience and Health Empowerment Drive resulted in enhanced health literacy and increased community engagement in health-related initiatives. Participants reported improved confidence in managing their own health and accessing available resources. The event fostered connections among residents, health professionals, and local organizations, leading to the establishment of peer support groups and ongoing collaborations for community health improvement. By building awareness and resilience, Sangatheda empowered individuals and strengthened the community's ability to face challenges and promote a healthier, more connected future.



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Fig: Community Resilience and Health Empowerment Drive, Organized by School of Engineering and Technology, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Mr. Shoyeb Husain)



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- Name of the Activity : Community Resilience and Health Empowerment Drive, Sangatheda on 02.03.2021
- Date of the Activity : 02-03-2021
- Place of the Activity : Sangatheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	AADITYA KUMAR	20014168001	B.Tech. (CSE)	1 st Year	
2.	ABHISHEK SAINI	20014168003	B.Tech. (CSE)	1 st Year	
3.	ADITYA PATWA	20014168004	B.Tech. (CSE)	1 st Year	
4.	DEEPANSHU CHOUDHARY	20014168009	B.Tech. (CSE)	1 st Year	
5.	DEWANSH MITTAL	20014168010	B.Tech. (CSE)	1 st Year	
6.	HARSH	20014168011	B.Tech. (CSE)	1 st Year	
7.	HARSH KUMAR	20014168012	B.Tech. (CSE)	1 st Year	
8.	KARTIK SHARMA	20014168013	B.Tech. (CSE)	1 st Year	
9.	KIRTI MITTAL	20014168014	B.Tech. (CSE)	1 st Year	
10.	KM. RASHMI SAINI	20014168015	B.Tech. (CSE)	1 st Year	
11.	MADIYA	20014168016	B.Tech. (CSE)	1 st Year	
12.	MAHAK RANI	20014168017	B.Tech. (CSE)		
13.	NEETU	20014168019	B.Tech. (CSE)	1 st Year	
14.	NITIN SHARMA	20014168020	B.Tech. (CSE)	1 st Year	
15.	RAJAN PANWAR	20014168021	B.Tech. (CSE)	1 st Year	
16.	RAM AGGARWAL	20014168022	B.Tech. (CSE)	1 st Year	
17.	SAKSHI SAINI	20014168023	B.Tech. (CSE)	1 st Year	
18.	SHIKHA SHARMA	20014168025	B.Tech. (CSE)	1 st Year	
19.	SHIVANSH UPADHYAY	20014168026	B.Tech. (CSE)	1 st Year	



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20.	SURYA MANI KAUSHIK	20014168027	B.Tech. (CSE)	1 st Year	
21.	TANNU DEVI	20014168029	B.Tech. (CSE)	1 st Year	
22.	VISHAL SAINI	20014168030	B.Tech. (CSE)	1 st Year	
23.	AADITYA KUMAR	20014168001	B.Tech. (CSE)	1 st Year	

Signature of the Coordinator

Date: 15-02-2021

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Environmental Awareness and Conservation Education Drive, Sangatheda on 27.02.2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 27-02-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Sangatheda, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Environmental Awareness and Conservation Education Drive, Sangatheda on 27.02.2021**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **27-02-2021**
- Place of the Activity : Sangatheda , Saharanpur
- No. of Student Participated : **27**
- Beneficiaries : Local Community
- Activity Coordinator : Dr. Kultar Singh

Purpose of the Activity:

The Environmental Awareness and Conservation Education Drive aims to increase community understanding of environmental issues, promote sustainable practices, and inspire action to protect and conserve natural resources. By raising awareness and providing practical education, this initiative empowers individuals and groups to take meaningful steps towards environmental preservation, fostering a culture of sustainability and care for the planet.

Description

The drive features a series of interactive workshops, nature walks, and educational sessions tailored to various age groups, focusing on topics such as biodiversity, climate change, waste reduction, and conservation practices. Activities include hands-on projects like tree planting, clean-up drives, composting demonstrations, and creating eco-friendly products. Experts in environmental science, conservationists, and local leaders guide discussions on current environmental challenges and the importance of individual and collective action. Resource booths and exhibits provide information on sustainable living practices, renewable energy, and opportunities to support local conservation efforts.

Outcome

The Environmental Awareness and Conservation Education Drive leads to increased knowledge of environmental issues and greater community engagement in sustainable practices. Participants gain practical skills to reduce their ecological footprint, such as recycling, reducing single-use plastics, and conserving energy. The drive inspires many to adopt eco-friendly habits and encourages volunteerism and advocacy for environmental causes. Stronger community networks are formed, fostering ongoing collaboration and initiatives aimed at protecting natural resources. Ultimately, the drive cultivates a sense of responsibility and collective commitment to creating a healthier and more sustainable environment for current and future generations.



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Fig: Environmental Awareness and Conservation Education Drive, organized by KSVAMC & RC, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Kultar Singh)



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Name of the Activity : Environmental Awareness and Conservation Education Drive
Date of the Activity : 27-02-2021
Place of the Activity : Sangatheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	AASIF ALI	18014300001	B.A.M.S.	3 rd year	
2.	AAVESH CHAUDHARY	18014300002	B.A.M.S.	3 rd year	
3.	ABDUL KADIR	18014300003	B.A.M.S.	3 rd year	
4.	ABDUL QADIR	18014300004	B.A.M.S.	3 rd year	
5.	ABHILASHA	18014300005	B.A.M.S.	3 rd year	
6.	ABHISHAR SURYAVANSHI	18014300006	B.A.M.S.	3 rd year	
7.	ABHISHEK SAINI	18014300007	B.A.M.S.	3 rd year	
8.	ABHISHEK SHARMA	18014300008	B.A.M.S.	3 rd year	
9.	AFSHA	18014300009	B.A.M.S.	3 rd year	
10.	AJAJ AHMAD	18014300010	B.A.M.S.	3 rd year	
11.	AKASH	18014300011	B.A.M.S.	3 rd year	
12.	AKSHIT KUMAR	18014300012	B.A.M.S.	3 rd year	
13.	AMAN	18014300013	B.A.M.S.	3 rd year	
14.	AMIT VERMA	18014300014	B.A.M.S.	3 rd year	
15.	ANJALI SAINI	18014300015	B.A.M.S.	3 rd year	
16.	ANKIT KUMAR	18014300016	B.A.M.S.	3 rd year	
17.	ANKUSH RATHI	18014300017	B.A.M.S.	3 rd year	
18.	ANSHI SAINI	18014300018	B.A.M.S.	3 rd year	



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19.	APOORVA KUSH	18014300019	B.A.M.S.	3 rd year	<i>Alpura</i>
20.	ARIF	18014300020	B.A.M.S.	3 rd year	<i>Arif</i>
21.	ARMAN AKHTAR	18014300021	B.A.M.S.	3 rd year	<i>Arman</i>
22.	ARUN KUMAR	18014300022	B.A.M.S.	3 rd year	<i>Arun</i>
23.	ARYAN SAINI	18014300023	B.A.M.S.	3 rd year	<i>Aryan</i>
24.	ASHISH GAUTAM	18014300024	B.A.M.S.	3 rd year	<i>Ashish</i>
25.	ASIF ALI	18014300025	B.A.M.S.	3 rd year	<i>Asif</i>
26.	ATMIKA CHATURVEDI	18014300026	B.A.M.S.	3 rd year	<i>Atmika</i>
27.	AYUSH VERMA	18014300027	B.A.M.S.	3 rd year	<i>Ayush</i>


Signature of the Coordinator



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Date: 20-01-2021

Notice

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- **Date of the Activity : 02-02-2021**
- **Time of the Activity : 11:00 a.m. onwards**
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- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Healthy Communities and Wellness Education Drive, Sangatheda on 02.02.2021**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **02-02-2021**
- Place of the Activity : Sangatheda, Saharanpur
- No. of Student Participated : 27
- Beneficiaries : Local Community
- Activity Coordinator : Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Healthy Communities and Wellness Education Drive is to promote holistic health and well-being within the community by offering education and resources that address both physical and mental health. This initiative aims to raise awareness about preventive health practices, support individuals in making healthier lifestyle choices, and foster a sense of community connection through shared wellness goals. By focusing on wellness education, the drive seeks to empower individuals to take control of their health and create a healthier, more resilient community.

Description

The drive encompasses a series of community workshops, health fairs, and wellness sessions tailored to various age groups and needs. Activities include health screenings, nutrition education, fitness demonstrations, mental health awareness seminars, and stress reduction techniques such as mindfulness and yoga. Experienced healthcare professionals, nutritionists, fitness trainers, and mental health counselors lead these sessions. The event also provides opportunities for attendees to engage with local health services, community support networks, and wellness resources. Educational booths and interactive exhibits offer information on topics such as healthy eating, exercise routines, disease prevention, and emotional well-being.

Outcome

The Healthy Communities and Wellness Education Drive results in improved health literacy and heightened awareness of wellness practices among community members. Participants report adopting healthier habits, such as improved dietary choices, increased physical activity, and better stress management. The drive strengthens connections between residents, health providers, and local organizations, creating a supportive network for ongoing health improvement. Ultimately, the initiative leads to a more engaged and healthier community, with individuals empowered to prioritize their well-being and support one another in leading balanced, fulfilling lives.



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Fig: Healthy Communities and Wellness Education Drive, Organized by Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Kultar Singh)



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Name of the Activity : Healthy Communities and Wellness Education Drive,

Date of the Activity : 02-02-2021

Place of the Activity : Sangatheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	ARUN KUMAR	18014300022	B.A.M.S.	3 rd year	
2.	ARYAN SAINI	18014300023	B.A.M.S.	3 rd year	
3.	ASHISH GAUTAM	18014300024	B.A.M.S.	3 rd year	
4.	ASIF ALI	18014300025	B.A.M.S.	3 rd year	
5.	ATMIKA CHATURVEDI	18014300026	B.A.M.S.	3 rd year	
6.	AYUSH VERMA	18014300027	B.A.M.S.	3 rd year	
7.	AYUSHI SINGH	18014300028	B.A.M.S.	3 rd year	
8.	DEEPANSHU KUMAR	18014300029	B.A.M.S.	3 rd year	
9.	DHANANJAY RANA	18014300030	B.A.M.S.	3 rd year	
10.	FARIYAD ALAM	18014300031	B.A.M.S.	3 rd year	
11.	FURKAN AHMED	18014300032	B.A.M.S.	3 rd year	
12.	GARVIT KADIAN	18014300033	B.A.M.S.	3 rd year	
13.	GAUTAM BHAL	18014300034	B.A.M.S.	3 rd year	
14.	GULAFSHA	18014300035	B.A.M.S.	3 rd year	
15.	HARSHVARDHAN GUJJAR	18014300036	B.A.M.S.	3 rd year	
16.	HASEEN	18014300037	B.A.M.S.	3 rd year	
17.	HEMMAT	18014300038	B.A.M.S.	3 rd year	
18.	HIMANI	18014300039	B.A.M.S.	3 rd year	
19.	JUNAID QURESHI	18014300040	B.A.M.S.	3 rd year	
20.	KALPANA SONKAR	18014300041	B.A.M.S.	3 rd year	
21.	KM SAKSHI KASAUDHAN	18014300042	B.A.M.S.	3 rd year	
22.	KM. IKRA	18014300043	B.A.M.S.	3 rd year	



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23.	KM. VIDHI ARYA	18014300044	B.A.M.S.	3 rd year	
24.	LALIT SINGH	18014300045	B.A.M.S.	3 rd year	
25.	MD ABID RAJA	18014300046	B.A.M.S.	3 rd year	
26.	MD AQUIB	18014300047	B.A.M.S.	3 rd year	
27.	MD MOHIB ALI	18014300048	B.A.M.S.	3 rd year	

Signature of the Coordinator

Date: 16-01-2021

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Community-Based Mental Health Support Outreach , Sangatheda on 30.01.2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 30-01-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Sangatheda, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal

Report

- Name of the Activity: **Community-Based Mental Health Support Outreach , Sangatheda on 30.01.2021**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **30-01-2021**
- Place of the Activity : Sangatheda, Saharanpur
- No. of Student Participated : 25
- Beneficiaries : Local Community
- Activity Coordinator : Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Community-Based Mental Health Support Outreach is to promote mental well-being within the community by increasing awareness, reducing stigma, and providing access to mental health resources and support networks. This initiative aims to create a safe space for individuals to discuss mental health concerns, gain tools for managing stress and anxiety, and foster an environment of empathy and mutual support. By emphasizing community-based solutions, the outreach seeks to strengthen social connections and empower individuals to improve their mental health and resilience.

Description

The outreach includes a variety of activities such as workshops on stress management, coping strategies, and mental health education sessions facilitated by licensed counselors, psychologists, and community advocates. Interactive group discussions and support groups encourage participants to share their experiences and learn from one another in a compassionate setting. The event also features art therapy sessions, mindfulness exercises, and activities focused on self-care and emotional resilience. Informational booths provide resources on local mental health services, crisis hotlines, and community programs dedicated to mental well-being.

Outcome

As a result of the Community-Based Mental Health Support Outreach, participants report feeling more connected, supported, and informed about their mental health. Attendees gain practical skills and knowledge to manage stress and improve their well-being, while greater awareness and understanding of mental health issues help reduce stigma in the community. The initiative strengthens local networks by linking individuals to ongoing support and professional resources. Ultimately, the outreach creates a foundation for continued mental health advocacy and fosters a more inclusive and resilient community where mental well-being is prioritized and valued.



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Fig: Community-Based Mental Health Support Outreach, Organized by KSVAMC & RC, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Kultar Singh)



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Name of the Activity : Community-Based Mental Health Support Outreach,
Date of the Activity : 30-01-2021
Place of the Activity : Sangatheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1	SAURABH SAINI	17014300076	B.A.M.S.	4 th year	
2	SAWAN KUMAR	17014300077	B.A.M.S.	4 th year	
3	SHAH FAISAL	17014300078	B.A.M.S.	4 th year	
4	SHAHZAD	17014300079	B.A.M.S.	4 th year	
5	SHAMIM AHAMAD	17014300080	B.A.M.S.	4 th year	
6	SHIKHAR	17014300081	B.A.M.S.	4 th year	
7	SHITAL RANI	17014300082	B.A.M.S.	4 th year	
8	SHIVAM CHAUHAN	17014300083	B.A.M.S.	4 th year	
9	SHUAIB	17014300084	B.A.M.S.	4 th year	
10	SHUBHAM MITTAL	17014300085	B.A.M.S.	4 th year	
11	SHUBHAM SHARMA	17014300086	B.A.M.S.	4 th year	
12	SNEHA CHAUDHARY	17014300087	B.A.M.S.	4 th year	
13	SUNNY JINDAL	17014300088	B.A.M.S.	4 th year	
14	SWATI CHAUDHARY	17014300089	B.A.M.S.	4 th year	
15	TAUSHEEF ALAM	17014300090	B.A.M.S.	4 th year	
16	TUSHAR KUMAR BHARDWAJ	17014300091	B.A.M.S.	4 th year	
17	USMAN AHMAD	17014300092	B.A.M.S.	4 th year	
18	VAIBHAV KUMAR SAINI	17014300093	B.A.M.S.	4 th year	
19	VESHAR ALI	17014300094	B.A.M.S.	4 th year	
20	VINAY GOYAL	17014300095	B.A.M.S.	4 th year	



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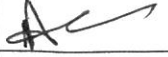
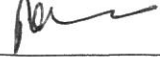


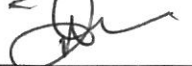
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21	VINOD KUMAR	17014300096	B.A.M.S.	4 th year	
22	VISHAL KUMAR	17014300097	B.A.M.S.	4 th year	
23	VISHNU KAUSHIK	17014300098	B.A.M.S.	4 th year	
24	YASHMI SAINI	17014300099	B.A.M.S.	4 th year	
25	YESHU CHAUHAN	17014300100	B.A.M.S.	4 th year	



Signature of the Coordinator

Date: 02-01-2021

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Health Screenings and Preventative Care Outreach, Sangatheda on 07.01.2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 07-01-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Sangatheda, saharanpur**
- **Activity Coordinator: Dr. Seema Janglan**



Dean/Principal

Report

- Name of the Activity: **Health Screenings and Preventative Care Outreach, Sangatheda on 07.01.2021**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh

- Date of the Activity : **07-01-2021**
- Place of the Activity : Sangatheda, Saharanpur
- No. of Student Participated : 28
- Beneficiaries : Local Community
- Activity Coordinator : **Dr. Seema Janglan**

Purpose of the Activity:

The Health Screenings and Preventative Care Outreach, held at Sangatheda, aims to enhance community health by providing accessible health screenings and promoting preventive care practices. This initiative seeks to raise awareness about the importance of early detection and prevention of common health conditions. By offering convenient and comprehensive health checks, the outreach aims to empower individuals to take proactive steps in managing their health and accessing necessary medical resources.

Description

The outreach features a day-long event offering free or low-cost health screenings, including blood pressure monitoring, blood sugar testing, cholesterol checks, body mass index assessments, and vision and dental screenings. Certified healthcare professionals conduct the screenings and provide immediate feedback and guidance based on results. In addition to the screenings, informational sessions and workshops focus on preventive care strategies, such as healthy eating, exercise, stress management, and disease prevention. Booths staffed by health educators and representatives from local healthcare organizations offer resources on accessing medical care, insurance options, and wellness programs. Participants are encouraged to engage in one-on-one consultations with medical staff to discuss their health concerns and next steps.

Outcome

The Health Screenings and Preventative Care Outreach at Sangatheda leads to increased community awareness about personal health status and preventive care practices. Many participants receive valuable early detection of potential health concerns and referrals to appropriate healthcare services. The outreach fosters a proactive approach to health management and connects residents to vital health resources within their community. Overall, the initiative strengthens community health by promoting disease prevention, increasing access to care, and empowering individuals with the knowledge and support needed to lead healthier lives.



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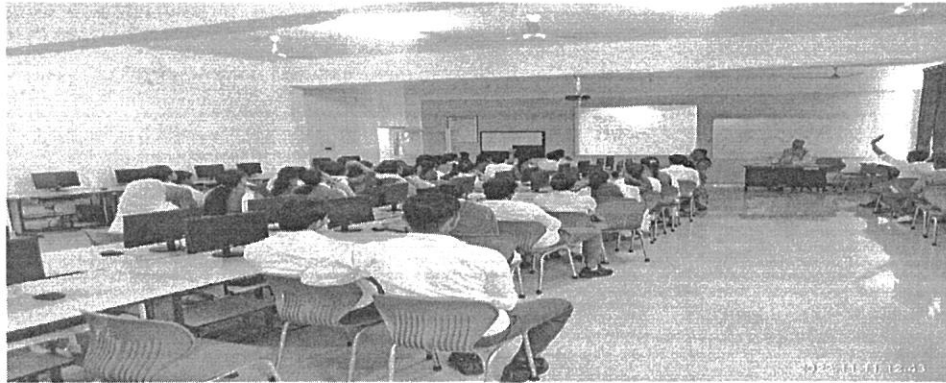


Fig: Health Screenings and Preventative Care Outreach, organized by KSVAMC & RC, Shobhit University, Gangoh at Sangatheda

Activity Coordinator

(Dr. Seema Janglan)



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Name of the Activity : Health Screenings and Preventative Care Outreach, Sangatheda

Date of the Activity : 07-01-2021

Place of the Activity : Sangatheda, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1	AAZAM CHAUHAN	20014300001	BAMS	1st Year	
2	ABDUL KALAM	20014300002	BAMS	1st Year	
3	AHMED RESHAAM	20014300003	BAMS	1st Year	
4	AIMAN NAZ ANSARI	20014300004	BAMS	1st Year	
5	AMAN GARG	20014300006	BAMS	1st Year	
6	ANIL KUMAR	20014300007	BAMS	1st Year	
7	ANUSHKA GOYAL	20014300008	BAMS	1st Year	
8	ARSHAD ALI	20014300009	BAMS	1st Year	
9	DEV SINGH	20014300010	BAMS	1st Year	
10	DEVANG CHOUDHARY	20014300011	BAMS	1st Year	
11	DIKSHANT KUMAR	20014300012	BAMS	1st Year	
12	DINESH KUMAR	20014300013	BAMS	1st Year	
13	FARHEEN	20014300014	BAMS	1st Year	
14	GAURAV SHARMA	20014300015	BAMS	1st Year	
15	GURMEET KUMAR	20014300016	BAMS	1st Year	
16	ISHIKA KAMBOJ	20014300017	BAMS	1st Year	
17	KM MAHIMA SINGH	20014300020	BAMS	1st Year	
18	KUMAR GAURAV	20014300021	BAMS	1st Year	
19	KUNAL GARG	20014300022	BAMS	1st Year	



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20	MANOJ KUMAR	20014300023	BAMS	1st Year	<i>[Signature]</i>
21	MANVENDRA KUMAR	20014300024	BAMS	1st Year	<i>[Signature]</i>
22	MOHD ZAKIR	20014300025	BAMS	1st Year	<i>[Signature]</i>
23	NISHANT	20014300026	BAMS	1st Year	<i>[Signature]</i>
24	PARVEZ ALAM	20014300027	BAMS	1st Year	<i>[Signature]</i>
25	PREETI PAL	20014300029	BAMS	1st Year	<i>[Signature]</i>
26	PRIYA NASKER	20014300030	BAMS	1st Year	<i>[Signature]</i>
27	PRIYA SAINI	20014300031	BAMS	1st Year	<i>[Signature]</i>
28	RAM KASHYAP	20014300032	BAMS	1st Year	<i>[Signature]</i>

Signature of the Coordinator

Date: 22-12-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Wildlife and Ecosystem Conservation Education Drive, Bhuddakheda on 02.01.2021 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 02-01-2021**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Bhuddakhera, saharanpur**
- **Activity Coordinator: Mr. Ram janki**



Dean/Principal

Report

- Name of the Activity: **Wildlife and Ecosystem Conservation Education Drive, Bhuddakheda on 02.01.2021**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **02-01-2021**
- Place of the Activity : Bhuddakheda, Saharanpur
- No. of Student Participated : **24**
- Beneficiaries : Local Community
- Activity Coordinator : Mr. Ram Janki

Purpose of the Activity:

The purpose of the Wildlife and Ecosystem Conservation Education Drive is to raise awareness about the importance of biodiversity and the critical role ecosystems play in supporting life on Earth. This initiative aims to educate individuals about the threats facing wildlife and natural habitats and inspire them to take an active role in conservation efforts. By promoting sustainable practices and stewardship of natural resources, the drive seeks to foster a deeper connection between communities and their environment.

Description

The drive features a variety of educational and interactive activities, including workshops on wildlife conservation, guided nature walks, and ecosystem restoration projects. Participants learn about local flora and fauna, endangered species, and the interconnectedness of ecosystems. Activities such as habitat restoration, tree planting, and clean-up efforts in natural areas allow participants to contribute directly to conservation efforts. Conservationists, biologists, and environmental educators lead sessions on topics such as sustainable land use, protecting pollinators, and minimizing human impact on natural habitats. Exhibits and informational booths showcase the latest in conservation technology, local success stories, and ways individuals can reduce their ecological footprint.

Outcome

The Wildlife and Ecosystem Conservation Education Drive leads to increased community knowledge and engagement in conservation activities. Participants gain a greater understanding of the value of biodiversity and the need to protect ecosystems. Many report adopting more environmentally friendly behaviors, such as reducing plastic use, supporting wildlife-friendly gardens, and advocating for conservation policies. The drive strengthens partnerships between community members, local organizations, and conservation groups, creating a lasting network dedicated to preserving natural habitats and fostering biodiversity for future generations.



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Fig: Wildlife and Ecosystem Conservation Education Drive, Organized by KSVAMC & RC, Shobhit University, Gangoh at Bhuddakheda

Activity Coordinator

(Mr. Ram Janki)



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Name of the Activity : Wildlife and Ecosystem Conservation Education Drive,

Date of the Activity : 02-01-2021

Place of the Activity : Bhuddakheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	KM. TANU CHOUDHARY	19014300077	BAMS	2 nd year	
2.	VIKRANT PANWAR	19014300078	BAMS	2 nd year	
3.	SAHJOOB	19014300079	BAMS	2 nd year	
4.	PARYAS	19014300080	BAMS	2 nd year	
5.	MOH AFROJ KHAN	19014300081	BAMS	2 nd year	
6.	ASHU CHAUHAN	19014300082	BAMS	2 nd year	
7.	MONISH	19014300083	BAMS	2 nd year	
8.	AASIF	19014300084	BAMS	2 nd year	
9.	ANSHUL	19014300085	BAMS	2 nd year	
10.	SAQIB JALAL KHAN	19014300086	BAMS	2 nd year	
11.	SHAHRUKH	19014300087	BAMS	2 nd year	
12.	ROHIL	19014300088	BAMS	2 nd year	
13.	FAREED ANSARI	19014300089	BAMS	2 nd year	
14.	SONU KUMAR	19014300090	BAMS	2 nd year	
15.	VASHU KAMBOJ	19014300091	BAMS	2 nd year	
16.	AYUSH PANWAR	19014300092	BAMS	2 nd year	
17.	SUMAN GADHWAL	19014300093	BAMS	2 nd year	
18.	MOHD AMIR	19014300094	BAMS	2 nd year	
19.	DIVYANSHU MITTAL	19014300095	BAMS	2 nd year	
20.	SHAILZA SINGH	19014300096	BAMS	2 nd year	



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21.	SURYA PRATAP	19014300097	BAMS	2 nd year	
22.	KANIKA	19014300098	BAMS	2 nd year	
23.	MOHD. SHOYAB	19014300099	BAMS	2 nd year	
24.	ASHWANI KUMAR	19014300100	BAMS	2 nd year	


Signature of the Coordinator

Date: 01-12-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Community Hygiene and Sanitation Promotion Drive, Bhuddakheda on 11.12.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 11.12.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Buddhakheda, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Report

- Name of the Activity: **Community Hygiene and Sanitation Promotion Drive, Bhuddakheda on 11.12.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **11-12-2020**
- Place of the Activity : **Bhuddakheda , Saharanpur**
- No. of Student Participated : **22**
- Beneficiaries : **Local Community**
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Community Hygiene and Sanitation Promotion Drive is to improve public health and reduce the spread of preventable diseases by raising awareness about proper hygiene and sanitation practices. This initiative seeks to educate individuals and families about the critical importance of personal and community cleanliness. By promoting sustainable hygiene habits, the drive aims to create healthier living environments and empower communities to take charge of their health and well-being.

Description

The drive consists of a series of hands-on workshops, demonstrations, and community-led activities focused on enhancing hygiene and sanitation. Topics include proper handwashing techniques, safe water handling, waste disposal, and sanitation infrastructure maintenance. Sessions are conducted by health professionals, sanitation experts, and community leaders, using engaging and culturally appropriate methods. Activities such as building and repairing public handwashing stations, clean-up drives, and hygiene kit distribution further support learning and immediate action. Educational materials such as posters, pamphlets, and community theatre performances reinforce key messages, emphasizing the link between good hygiene and disease prevention.

Outcome

The Community Hygiene and Sanitation Promotion Drive leads to improved hygiene practices among community members, resulting in a noticeable decrease in the prevalence of hygiene-related illnesses. Participants report increased awareness of the health benefits of handwashing, safe sanitation, and waste management, and many implement these practices in their daily lives. The initiative fosters a sense of collective responsibility for maintaining clean and healthy public spaces. It strengthens partnerships between residents, local health services, and sanitation organizations, creating lasting community engagement and a healthier living environment.



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Fig: Community Hygiene and Sanitation Promotion Drive, Organized by Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh at Bhuddakheda

Activity Coordinator

(Dr. Kultar Singh)



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Name of the Activity : Community Hygiene and Sanitation Promotion Drive,
Date of the Activity : 11-12-2020
Place of the Activity : Bhuddakhjeda, Saharanpur

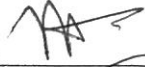

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1	MOHD SARFARAJ	19014300026	BAMS	2 nd year	Mohd
2	JUHI CHOUDHARY	19014300027	BAMS	2 nd year	Juhi
3	SAMI MAHESHRA	19014300028	BAMS	2 nd year	Sami
4	MONU	19014300029	BAMS	2 nd year	Monu
5	CHHOTELAL KUMAR	19014300030	BAMS	2 nd year	Chhotelal
6	ABHAY KUMAR	19014300031	BAMS	2 nd year	Abhay
7	SAMREEN	19014300032	BAMS	2 nd year	Samreen
8	MOH. SHADAB	19014300033	BAMS	2 nd year	Moh
9	ASJAD KHAN	19014300034	BAMS	2 nd year	Asjad
10	YASH	19014300035	BAMS	2 nd year	Yash
11	ARPIT KUMAR	19014300036	BAMS	2 nd year	Arpit
12	ASIF	19014300037	BAMS	2 nd year	Asif
13	TANYA PANDIT	19014300038	BAMS	2 nd year	Tanya
14	TANIYA YADAV	19014300039	BAMS	2 nd year	Taniya
15	HAPPY CHAUDHARY	19014300040	BAMS	2 nd year	Happy
16	NIGAM CHAUDHARY	19014300041	BAMS	2 nd year	Nigam
17	RAJA BISWAS	19014300042	BAMS	2 nd year	Raja
18	NIKHIL KUMAR	19014300043	BAMS	2 nd year	Nikhil
19	CHIRAG GOEL	19014300044	BAMS	2 nd year	Chirag
20	MOHD AKMAL	19014300045	BAMS	2 nd year	Mohd



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21	ANUBHAV PAL	19014300046	BAMS	2 nd year	
22	MOHAMMAD SADIQ	19014300047	BAMS	2 nd year	


Signature of the Coordinator



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Date: 20-11-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Water Management and Pollution Prevention Outreach, Sukhedi on 03.12.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 03.12.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Sukhedi, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Water Management and Pollution Prevention Outreach, Sukhedi on 03.12.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **03-12-2020**
- Place of the Activity : Sukhedi,,Saharanpur
- No. of Student Participated : **28**
- Beneficiaries : Local Community
- Activity Coordinator :Dr Kultar Singh

Purpose of the Activity:

The purpose of the Water Management and Pollution Prevention Outreach is to promote sustainable water use and protect water resources by raising awareness about water conservation, pollution prevention, and proper waste management. This initiative aims to educate community members on how to reduce water pollution, conserve water in their daily lives, and advocate for better water resource management practices. By encouraging collective action, the outreach seeks to protect the quality and availability of water for current and future generations.

Description


The outreach consists of educational workshops, community discussions, and hands-on activities focused on sustainable water management and pollution prevention. Sessions cover topics such as water conservation techniques, the impact of pollution on water ecosystems, proper disposal of waste, and reducing household water usage. Demonstrations showcase practical solutions, such as rainwater harvesting systems, water-efficient appliances, and environmentally friendly cleaning products. Activities include local waterway clean-up drives, tree-planting near water sources to prevent soil erosion, and testing water quality in nearby rivers, lakes, or streams. Experts in water management, environmental science, and community leaders facilitate these sessions, encouraging participation and engagement.

Outcome

The Water Management and Pollution Prevention Outreach increases community knowledge about sustainable water practices and pollution prevention. Participants learn practical ways to conserve water, reduce pollution, and advocate for clean water policies. The initiative leads to cleaner local water sources, reduced water wastage, and better overall water management within the community. The outreach also strengthens partnerships between residents, environmental organizations, and local authorities, fostering collective responsibility and long-term commitment to water conservation and pollution prevention for a healthier environment.



Fig: Water Management and Pollution Prevention Outreach, Organized by KSVAMC & RC, Shobhit University, Gangoh at Sukhedi


Activity Coordinator
(Dr. Kultar Singh)



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Name of the Activity : Water Management and Pollution Prevention Outreach,
Date of the Activity : 03-12-2020
Place of the Activity : sukhedi, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	HARSHITA GANDHI	19014300001	B.A.M.S.	2 nd year	Harshita Gandhi
2.	AYUSH SINGH	19014300002	B.A.M.S.	2 nd year	Ayush Singh
3.	ROBIN PANWAR	19014300003	B.A.M.S.	2 nd year	Robin Panwar
4.	SHIVAM PANWAR	19014300004	B.A.M.S.	2 nd year	Shivam
5.	SHUBHAM SHRIMUKH	19014300005	B.A.M.S.	2 nd year	Shubham
6.	RISHABH SAINI	19014300006	B.A.M.S.	2 nd year	Rishabh Saini
7.	SHIVAM BHARDWAJ	19014300007	B.A.M.S.	2 nd year	Shivam Bhardwaj
8.	HIMANSHU	19014300008	BAMS	2 nd year	Himanshu
9.	MOHD ASIF SABRI	19014300009	BAMS	2 nd year	Mohd Asif
10.	ABDUL RAB	19014300010	BAMS	2 nd year	Abdul Rab
11.	MANVENDRA KUMAR YADAV	19014300011	BAMS	2 nd year	Manvendra Kumar Yadav
12.	PARVESH	19014300012	BAMS	2 nd year	Parvesh
13.	KM BABI	19014300013	BAMS	2 nd year	Km Babi
14.	SWATI	19014300014	BAMS	2 nd year	Swati
15.	ANKUSH CHOUHAN	19014300015	BAMS	2 nd year	Ankush
16.	UDIT PANWAR	19014300016	BAMS	2 nd year	Udit Panwar
17.	MANISH CHAUDHARY	19014300017		2 nd year	Manish
18.	MUKUL DUTT SHARMA	19014300018	BAMS	2 nd year	Mukul Dutt Sharma
19.	MOHD JUNED CHOUDHARY	19014300019	BAMS	2 nd year	Mohd Juned Choudhary
20.	MUSKURAN CHAUDHARY	19014300020	BAMS	2 nd year	Muskuran Chaudhary



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21.	MOHD SAAD	19014300021	BAMS	2 nd year	Mohd Saad
22.	MAHAZABIN	19014300022	BAMS	2 nd year	Mahazabin
23.	MOHD ZISHAN RAO	19014300023	BAMS	2 nd year	Mohd Zishan Rao
24.	SHAHROON MALIK	19014300024	BAMS	2 nd year	Shahroon
25.	SHAKSHI SHARMA	19014300025	BAMS	2 nd year	Shakshi
26.	MOHD SARFARAJ	19014300026	BAMS	2 nd year	Mohd
27.	JUHI CHOUDHARY	19014300027	BAMS	2 nd year	Juhi
28.	SAMI MAHESHRA	19014300028	BAMS	2 nd year	Sami

Signature of the Coordinator



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Date: 18-09-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Community Health and Disease Prevention Education Drive, Bhuddakheda on 27.10.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 27.10.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Buddakhera, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



**Shobhit
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Report

- Name of the Activity: Community Health and Disease Prevention Education Drive, Bhuddakheda on 27.10.2020
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **27-10-2020**
- Place of the Activity : Bhuddakheda,,Saharanpur
- No. of Student Participated : **28**
- Beneficiaries : Local Community
- Activity Coordinator :Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Community Health and Disease Prevention Education Drive is to improve public health by educating community members on the importance of disease prevention and healthy lifestyle practices. This initiative aims to raise awareness about common health risks, promote preventive measures, and empower individuals with the knowledge and tools they need to reduce their risk of illness. The goal is to create a healthier, more informed community that can take proactive steps to protect its well-being.

Description

The drive consists of a series of educational workshops, health screenings, and awareness campaigns focused on disease prevention. Topics include nutrition, exercise, vaccination, mental health, and hygiene practices. Local healthcare professionals, public health experts, and community leaders lead the sessions, offering practical advice and demonstrating preventive strategies. Interactive activities such as fitness challenges, cooking demonstrations, and mental wellness workshops encourage participants to adopt healthier habits. Free health screenings, including blood pressure, glucose, and cholesterol checks, help identify early warning signs of potential health issues. Information booths and printed materials provide additional resources on maintaining a healthy lifestyle, disease prevention, and accessing local healthcare services.

Outcome

The Community Health and Disease Prevention Education Drive results in improved health literacy and greater community engagement in preventive health practices. Participants report adopting healthier eating habits, increasing physical activity, and taking preventive measures such as vaccination and regular health check-ups. The drive fosters stronger connections between residents, healthcare providers, and local organizations, creating a supportive network for continued health improvement. Ultimately, the initiative helps reduce the prevalence of preventable diseases, enhances community well-being, and empowers individuals to take charge of their health.



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Fig: Community Health and Disease Prevention Education Drive, organized by KSVAMC & RC, Shobhit University, Gangoh at Bhuddakheda

Activity Coordinator


(Dr. Kuldar Singh)



**Shobhit
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- **Name of the Activity** : Community Health and Disease Prevention Education Drive,
- **Date of the Activity** : 27-10-2020
- **Place of the Activity** : Bhuddakheda, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	DHANANJAY RANA	18014300030	BAMS	3 rd year	Dhananjay
2.	FARIYAD ALAM	18014300031	BAMS	3 rd year	fariyad
3.	FURKAN AHMED	18014300032	BAMS	3 rd year	furkan
4.	GARVIT KADIAN	18014300033	BAMS	3 rd year	Garvit
5.	GAUTAM BHAL	18014300034	BAMS	3 rd year	Gautam
6.	GULAFSHA	18014300035	BAMS	3 rd year	Gulafsha
7.	HARSHVARDHAN GUJJAR	18014300036	BAMS	3 rd year	Harshvardhan
8.	HASEEN	18014300037	BAMS	3 rd year	Haseen
9.	HEMMAT	18014300038	BAMS	3 rd year	Hemmat
10.	HIMANI	18014300039	BAMS	3 rd year	Himani
11.	JUNAID QURESHI	18014300040	BAMS	3 rd year	Junaid
12.	KALPANA SONKAR	18014300041	BAMS	3 rd year	KC
13.	KM SAKSHI KASAUDHAN	18014300042	BAMS	3 rd year	SK
14.	KM. IKRA	18014300043	BAMS	3 rd year	Ikra
15.	KM. VIDHI ARYA	18014300044	BAMS	3 rd year	vidhi
16.	LALIT SINGH	18014300045	BAMS	3 rd year	lalit
17.	MD ABID RAJA	18014300046	BAMS	3 rd year	Abid
18.	MD AQUIB	18014300047	BAMS	3 rd year	Aquib
19.	MD MOHIB ALI	18014300048	BAMS	3 rd year	Mohib
20.	MEHAK	18014300049	BAMS	3 rd year	Mehak



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21.	MOHAMMAD	18014300050	BAMS	3 rd year	<i>Mo</i>
22.	MOHD RIZWAN	18014300051	BAMS	3 rd year	<i>Rizwan</i>
23.	MOHD SADIQ	18014300052	BAMS	3 rd year	<i>Sadia</i>
24.	MOHD ZUBAIR	18014300053	BAMS	3 rd year	<i>Subair</i>
25.	MOHD. MUSHARRAF	18014300054	BAMS	3 rd year	<i>Mush</i>
26.	MOHD. RAFAKAT	18014300055	BAMS	3 rd year	<i>Rafakat</i>
27.	MOHD. RAMEEZ	18014300056	BAMS	3 rd year	<i>Rameez</i>
28.	MOHD. RASHID	18014300057	BAMS	3 rd year	<i>Rashid</i>

Signature of the Coordinator



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Date: 15-09-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Women and Children's Health Promotion Outreach, Bhuddakheda on 09.10.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 09.10.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Buddakhera, saharanpur**
- **Activity Coordinator: Dr. Seema janglan**



Dean/Principal



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Report

- Name of the Activity: Women and Children's Health Promotion Outreach, Bhuddakheda on 09.10.2020
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **09-10-2020**
- Place of the Activity : Bhuddakheda,,Saharanpur
- No. of Student Participated : 25
- Beneficiaries : Local Community
- Activity Coordinator :Dr. Seema Janglan

Purpose of the Activity:

The purpose of the Women and Children's Health Promotion Outreach is to improve the health and well-being of women and children in the community by providing education, resources, and support focused on maternal, child, and family health. This initiative aims to raise awareness about key health issues, promote preventative care, and empower women and caregivers with the tools to enhance the health of their families. By addressing the unique health needs of women and children, the outreach strives to reduce health disparities and create a more supportive, healthy environment for families.

Description

The outreach includes a series of workshops, health screenings, and interactive sessions focused on maternal health, child development, nutrition, and family care. Topics cover prenatal and postnatal care, child immunizations, breastfeeding support, family planning, and mental health. Healthcare professionals, pediatricians, nutritionists, and midwives lead these sessions, offering practical advice and guidance tailored to the needs of women and children. The outreach also provides free health screenings for both mothers and children, such as growth monitoring, blood pressure checks, and basic wellness exams. Additional resources such as baby care kits, educational pamphlets, and information on local health services are provided to participants.

Outcome

The Women and Children's Health Promotion Outreach leads to improved health knowledge among mothers and caregivers, with participants reporting a better understanding of how to care for themselves and their children. Health screenings help identify potential health risks early, and many women and children benefit from timely referrals for further care. The initiative strengthens community connections by creating a supportive network for women and families, encouraging ongoing health education and collaboration. Overall, the outreach promotes healthier families, reduces health risks, and empowers women and children to thrive.



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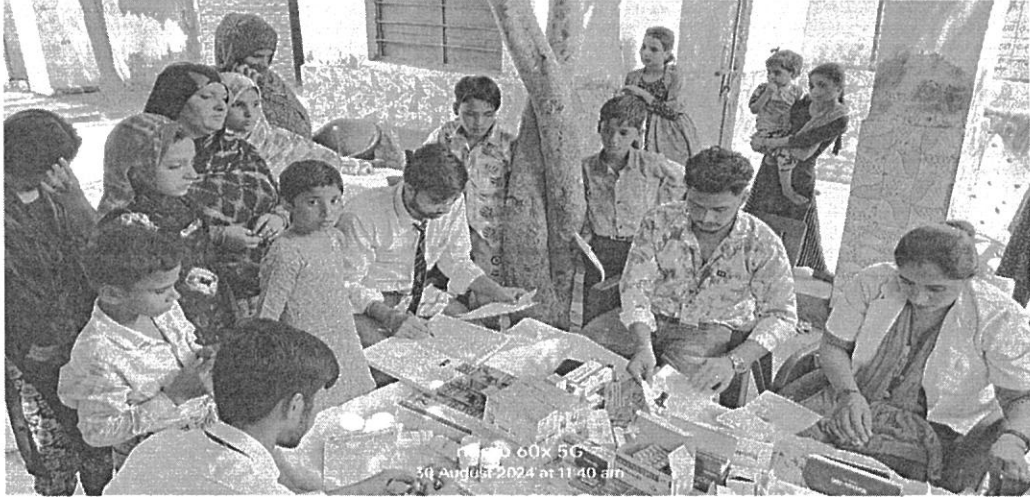


Fig: Name of the Activity: Women and Children's Health Promotion Outreach, Organized by KSVAMC & RC, Shobhit University, Gangoh at Bhuddakheda

Activity Coordinator

(Dr. Seema Janglan)



**Shobhit
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- Name of the Activity : Women and Children's Health Promotion Outreach, Bhuddakheda on 09.10.2020
- Date of the Activity : 09-10-2020
- Place of the Activity : Bhuddakheda, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	KM BABI	19014300013	BAMS	2 nd year	
2.	SWATI	19014300014	BAMS	2 nd year	
3.	ANKUSH CHOUHAN	19014300015	BAMS	2 nd year	
4.	UDIT PANWAR	19014300016	BAMS	2 nd year	
5.	MANISH CHAUDHARY	19014300017	BAMS	2 nd year	
6.	MUKUL DUTT SHARMA	19014300018	BAMS	2 nd year	
7.	MOHD JUNED CHOUDHARY	19014300019	BAMS	2 nd year	
8.	MUSKURAN CHAUDHARY	19014300020	BAMS	2 nd year	
9.	MOHD SAAD	19014300021	BAMS	2 nd year	
10.	MAHAZABIN	19014300022	BAMS	2 nd year	
11.	MOHD ZISHAN RAO	19014300023	BAMS	2 nd year	
12.	SHAHROON MALIK	19014300024	BAMS	2 nd year	
13.	SHAKSHI SHARMA	19014300025	BAMS	2 nd year	
14.	MOHD SARFARAJ	19014300026	BAMS	2 nd year	
15.	JUHI CHAUDHARY	19014300027	BAMS	2 nd year	
16.	SAMI MAHESHRA	19014300028	BAMS	2 nd year	
17.	MONU	19014300029	BAMS	2 nd year	
18.	CHHOTELAL KUMAR	19014300030	BAMS	2 nd year	
19.	ABHAY KUMAR	19014300031	BAMS	2 nd year	



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20.	SAMREEN	19014300032	BAMS	2 nd year	<i>Samreen</i>
21.	MOH. SHADAB	19014300033	BAMS	2 nd year	<i>Shadab</i>
22.	ASJAD KHAN	19014300034	BAMS	2 nd year	<i>Asjad</i>
23.	YASH	19014300035	BAMS	2 nd year	<i>Yash</i>
24.	ARPIT KUMAR	19014300036	BAMS	2 nd year	<i>AK</i>
25.	ASIF	19014300037	BAMS	2 nd year	<i>Asif</i>


Signature of the Coordinator



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Date: 10-09-2020

Notice

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- **Date of the Activity : 03.10.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Bhagwanpur, saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



**Shobhit
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Report

- Name of the Activity: Youth Leadership and Health Empowerment Drive, Bhagwanpur on 03.10.2020
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **03-10-2020**
- Place of the Activity : Bhagwanpur, Saharanpur
- No. of Student Participated : **22**
- Beneficiaries : Local Community
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Youth Leadership and Health Empowerment Drive is to empower young individuals by equipping them with the knowledge, skills, and confidence to take charge of their health and well-being, while also encouraging them to become active leaders within their communities. This initiative aims to foster healthy lifestyles, promote mental and physical well-being, and cultivate leadership qualities that inspire youth to influence positive change in their surroundings.

Description

The drive consists of interactive workshops, leadership training sessions, and health education activities designed specifically for young people. Topics covered include physical fitness, mental health awareness, nutrition, substance abuse prevention, and stress management. In addition to health education, the drive emphasizes leadership skills such as communication, team-building, and community engagement. Youth are encouraged to participate in group discussions, role-playing scenarios, and community projects to practice their leadership skills while promoting health awareness. Experts from healthcare fields, youth mentors, and community leaders facilitate these sessions. The initiative also offers health screenings, resources on healthy lifestyle choices, and guidance on accessing mental health support.

Outcome

The Youth Leadership and Health Empowerment Drive results in a more health-conscious and empowered youth population. Participants gain practical knowledge on maintaining their health, managing stress, and preventing health risks. Many youth report an increased sense of responsibility for their well-being and the well-being of others in their community. Leadership skills are strengthened, and youth are motivated to take active roles in promoting health initiatives and creating positive change. The drive fosters a culture of wellness and youth leadership, creating a ripple effect that benefits the broader community.



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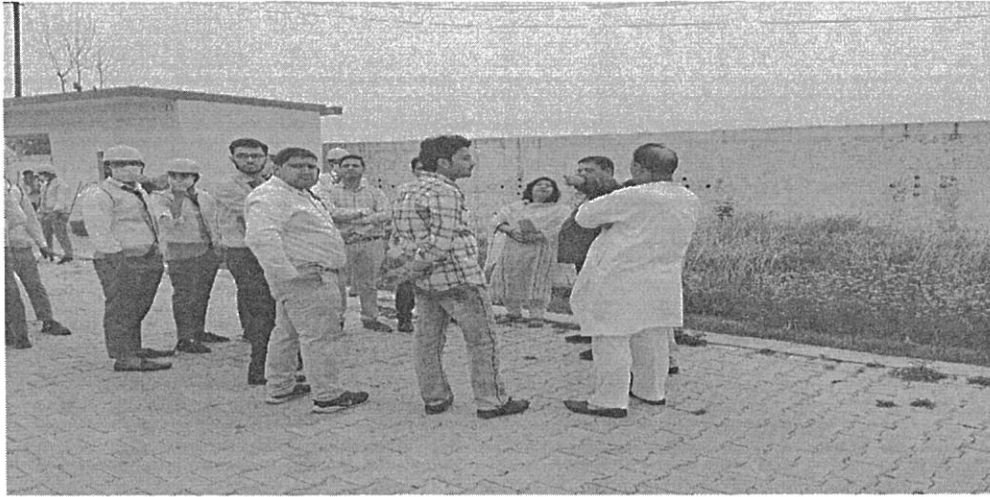


Fig: Youth Leadership and Health Empowerment Drive, Organized by KSVAMC & RC, Shobhit University, Gangoh at Bhagwanpur

Activity Coordinator


(Dr. Kullar Singh)



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U.: www.sug.ac.in

- **Name of the Activity :** Youth Leadership and Health Empowerment Drive
- **Date of the Activity :** 03-10-2020
- **Place of the Activity :** Bhagwanpur, Saharanpur


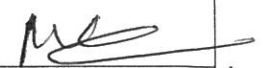
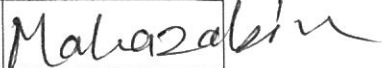
Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	HARSHITA GANDHI	19014300001	BAMS	2 nd year	
2.	AYUSH SINGH	19014300002	BAMS	2 nd year	
3.	ROBIN PANWAR	19014300003	BAMS	2 nd year	
4.	SHIVAM PANWAR	19014300004	BAMS	2 nd year	
5.	SHUBHAM SHRIMUKH	19014300005	BAMS	2 nd year	
6.	RISHABH SAINI	19014300006	BAMS	2 nd year	
7.	SHIVAM BHARDWAJ	19014300007	BAMS	2 nd year	
8.	HIMANSHU	19014300008	BAMS	2 nd year	
9.	MOHD ASIF SABRI	19014300009	BAMS	2 nd year	
10.	ABDUL RAB	19014300010	BAMS	2 nd year	
11.	MANVENDRA KUMAR YADAV	19014300011	BAMS	2 nd year	
12.	PARVESH	19014300012	BAMS	2 nd year	
13.	KM BABI	19014300013	BAMS	2 nd year	
14.	SWATI	19014300014	BAMS	2 nd year	
15.	ANKUSH CHOUHAN	19014300015	BAMS	2 nd year	
16.	UDIT PANWAR	19014300016	BAMS	2 nd year	
17.	MANISH CHAUDHARY	19014300017	BAMS	2 nd year	
18.	MUKUL DUTT SHARMA	19014300018	BAMS	2 nd year	
19.	MOHD JUNED CHOUDHARY	19014300019	BAMS	2 nd year	



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20.	MUSKURAN CHAUDHARY	19014300020	BAMS	2 nd year	
21.	MOHD SAAD	19014300021	BAMS	2 nd year	
22.	MAHAZABIN	19014300022	BAMS	2 nd year	



Signature of the Coordinator

Date: 25-08-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Community Nutrition and Health Awareness Drive, Nagalrajput on 05.09.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 05.09.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Nagalrajput, Saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Report

- Name of the Activity: **Community Nutrition and Health Awareness Drive, Nagalrajput on 05.09.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **05-09-2020**
- Place of the Activity : Nagalrajput, Saharanpur
- No. of Student Participated : **27**
- Beneficiaries : Local Community
- Activity Coordinator : Dr. Kultar Singh

Purpose of the Activity:

The purpose of the Community Nutrition and Health Awareness Drive is to educate community members about the importance of proper nutrition and its direct impact on overall health. This initiative aims to raise awareness about healthy eating habits, promote balanced diets, and reduce the risk of nutrition-related diseases. By providing the community with practical tools and knowledge, the drive seeks to empower individuals to make informed food choices, improve their health, and foster long-term wellness.

Description

The drive includes a series of interactive workshops, cooking demonstrations, and health screenings, all centered around nutrition and its role in disease prevention. Experts such as nutritionists, dieticians, and healthcare professionals lead discussions on topics like the importance of a balanced diet, understanding food labels, the role of micronutrients, and how to manage specific health conditions like diabetes or hypertension through nutrition. The drive also features live cooking demonstrations to show how to prepare affordable, healthy meals using local ingredients. Community members participate in activities such as creating personalized nutrition plans and learning how to grow their own healthy foods through gardening initiatives. Free health screenings, such as blood sugar and cholesterol checks, help identify at-risk individuals for early intervention.

Outcome

The Community Nutrition and Health Awareness Drive results in improved health literacy and healthier eating habits among community members. Participants gain a deeper understanding of nutrition's role in preventing chronic diseases, and many report making healthier food choices, such as incorporating more fruits, vegetables, and whole grains into their diets. The drive encourages community engagement in sustainable health practices, strengthens local networks, and supports a culture of health and wellness within the community. Ultimately, the initiative leads to a healthier, more informed population with a greater capacity to maintain long-term health.



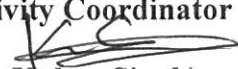
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Fig: Community Nutrition and Health Awareness Drive organized by KSVAMC & RC, Shobhit University, Gangoh at Nagalrajput

Activity Coordinator

(Dr. Kultar Singh)



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- Name of the Activity : Community Nutrition and Health Awareness Drive, Nagalrajput on 05.09.2020
- Date of the Activity : 05-09-2020
- Place of the Activity : Nagalrajput, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	SARSTEE	17014300074	B.A.M.S.	4 th year	
2.	SAURABH KUMAR	17014300075	B.A.M.S.	4 th year	
3.	SAURABH SAINI	17014300076	B.A.M.S.	4 th year	
4.	SAWAN KUMAR	17014300077	B.A.M.S.	4 th year	
5.	SHAH FAISAL	17014300078	B.A.M.S.	4 th year	
6.	SHAHZAD	17014300079	B.A.M.S.	4 th year	
7.	SHAMIM AHAMAD	17014300080	B.A.M.S.	4 th year	
8.	SHIKHAR	17014300081	B.A.M.S.	4 th year	
9.	SHITAL RANI	17014300082	B.A.M.S.	4 th year	
10.	SHIVAM CHAUHAN	17014300083	B.A.M.S.	4 th year	
11.	SHUAIB	17014300084	B8.A.M.S.	4 th year	
12.	SHUBHAM MITTAL	17014300085	B.A.M.S.	4 th year	
13.	SHUBHAM SHARMA	17014300086	B.A.M.S.	4 th year	
14.	SNEHA CHAUDHARY	17014300087	B.A.M.S.	4 th year	
15.	SUNNY JINDAL	17014300088	B.A.M.S.	4 th year	
16.	SWATI CHAUDHARY	17014300089	B.A.M.S.	4 th year	
17.	TAUSHEEF ALAM	17014300090	B.A.M.S.	4 th year	



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18.	TUSHAR KUMAR BHARDWAJ	17014300091	B.A.M.S.	4 th year	TK
19.	USMAN AHMAD	17014300092	B.A.M.S.	4 th year	Usman
20.	VAIBHAV KUMAR SAINI	17014300093	B.A.M.S.	4 th year	V.K.
21.	VESHAR ALI	17014300094	B.A.M.S.	4 th year	Veshar
22.	VINAY GOYAL	17014300095	B.A.M.S.	4 th year	Vinay
23.	VINOD KUMAR	17014300096	B.A.M.S.	4 th year	Vinod
24.	VISHAL KUMAR	17014300097	B.A.M.S.	4 th year	V.K.
25.	VISHNU KAUSHIK	17014300098	B.A.M.S.	4 th year	Vishnu
26.	YASHMI SAINI	17014300099	B.A.M.S.	4 th year	Yashmi


Signature of the Coordinator



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Date: 20-08-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Sustainable Development and Health Education Outreach, Halwana on 01.09.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 01.09.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Halwana, Saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Sustainable Development and Health Education Outreach Halwana on 01.09.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **01-09-2020**
- Place of the Activity : **Halwana, Saharanpur**
- No. of Student Participated : **22**
- Beneficiaries : **Local Community**
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Sustainable Development and Health Education Outreach is to raise awareness about the interconnectedness of environmental sustainability and public health. This initiative aims to educate community members on how sustainable development practices—such as clean energy, waste management, and sustainable agriculture—can improve health outcomes, reduce environmental risks, and contribute to long-term well-being. By promoting both environmental and health education, the outreach seeks to empower individuals to adopt sustainable practices that benefit both their health and the planet.

Description

The outreach consists of a series of workshops, seminars, and hands-on activities designed to educate the community about sustainable practices that have direct health benefits. Topics include the impact of pollution on respiratory health, the importance of clean water, sustainable farming practices, reducing waste, and the benefits of using renewable energy. Local experts in environmental science, public health, and sustainability lead these sessions. Interactive activities such as composting workshops, creating eco-friendly products, and community clean-up initiatives encourage active participation and practical learning. Additionally, health screenings and wellness checks are offered to demonstrate the link between a healthy environment and overall health. Participants are provided with educational materials, tips on sustainable living, and information on how to reduce their carbon footprint.

Outcome

The Sustainable Development and Health Education Outreach leads to increased awareness of how environmental factors influence health. Participants adopt healthier, more sustainable lifestyles, such as reducing waste, conserving water, and supporting eco-friendly products and practices. The initiative encourages community-wide engagement in sustainability efforts and fosters a collective responsibility for both environmental and public health. Ultimately, the outreach contributes to a healthier, more sustainable community, where individuals are equipped to make decisions that positively impact their well-being and the environment.



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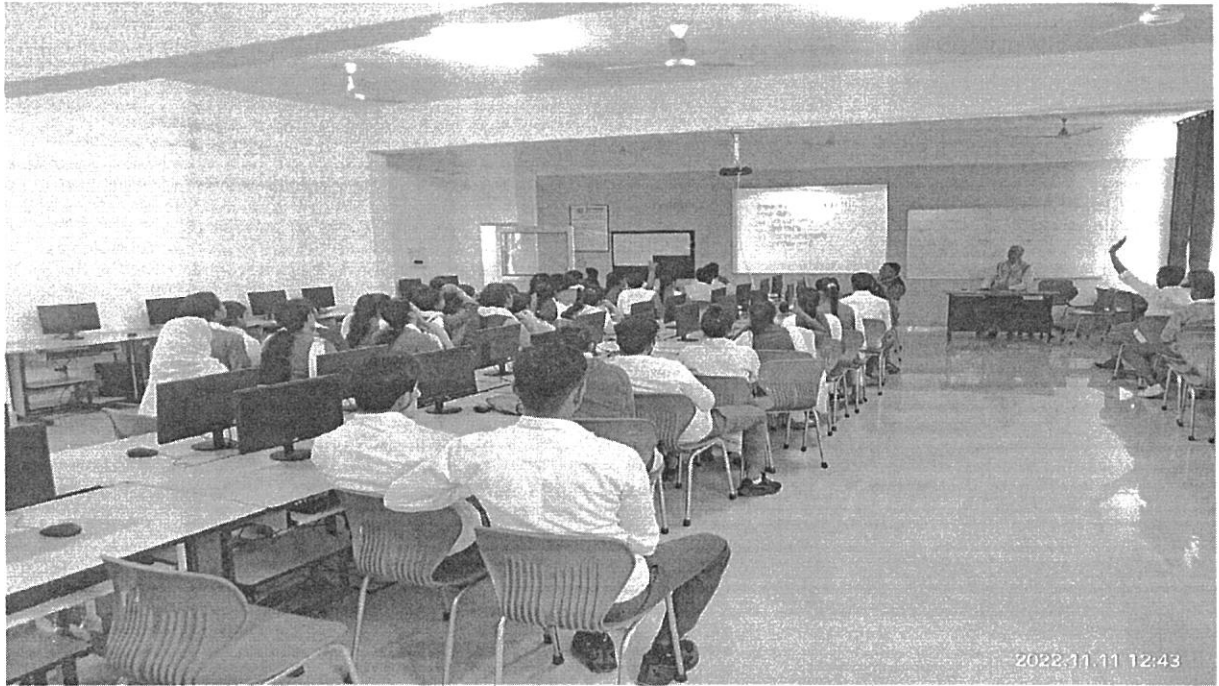


Fig: Sustainable Development and Health Education Outreach on 01.09.2020 Organized by KSVAMC & RC, Shobhit University, Gangoh at Halwana

Activity Coordinator

(Dr. Kultar Singh)



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- Name of the Activity : Sustainable Development and Health Education Outreach Halwana on 01.09.2020
- Date of the Activity : 01-09-2020
- Place of the Activity : Halwana, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	HARSHITA GANDHI	19014300001	BAMS	2 nd year	H. G
2.	AYUSH SINGH	19014300002	BAMS	2 nd year	Ayush
3.	ROBIN PANWAR	19014300003	BAMS	2 nd year	R.P
4.	SHIVAM PANWAR	19014300004	BAMS	2 nd year	S.P
5.	SHUBHAM SHRIMUKH	19014300005	BAMS	2 nd year	Shubham
6.	RISHABH SAINI	19014300006	BAMS	2 nd year	R.S
7.	SHIVAM BHARDWAJ	19014300007	BAMS	2 nd year	S.B
8.	HIMANSHU	19014300008	BAMS	2 nd year	Himanshu
9.	MOHD ASIF SABRI	19014300009	BAMS	2 nd year	Asif
10.	ABDUL RAB	19014300010	BAMS	2 nd year	Abdul
11.	MANVENDRA KUMAR YADAV	19014300011	BAMS	2 nd year	M.K
12.	PARVESH	19014300012	BAMS	2 nd year	Parvesh
13.	KM BABI	19014300013	BAMS	2 nd year	Babi
14.	SWATI	19014300014	BAMS	2 nd year	Swati
15.	ANKUSH CHOUHAN	19014300015	BAMS	2 nd year	A.C
16.	UDIT PANWAR	19014300016	BAMS	2 nd year	Udit
17.	MANISH CHAUDHARY	19014300017	BAMS	2 nd year	Manish
18.	MUKUL DUTT SHARMA	19014300018	BAMS	2 nd year	Mukul
19.	MOHD JUNED CHOUDHARY	19014300019	BAMS	2 nd year	Juned



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20.	MUSKURAN CHAUDHARY	19014300020	BAMS	2 nd year	<i>M.C.</i>
21.	MOHD SAAD	19014300021	BAMS	2 nd year	<i>Saad</i>
22.	MAHAZABIN	19014300022	BAMS	2 nd year	<i>Mahazabin</i>

Signature of the Coordinator

Date: 10-08-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Renewable Resources and Environmental Awareness Drive, Tatarpurkhurd on 27.08.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 27.08.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Tatarpurkhurd, Saharanpur**
- **Activity Coordinator: Dr. Seema Janglan**



Dean/Principal



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Report

- Name of the Activity: **Renewable Resources and Environmental Awareness Drive, Tatarpurkhurd on 27.08.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : 27-08-2020
- Place of the Activity : **Tatarpurkhurd Saharanpur**
- No. of Student Participated : 25
- Beneficiaries : Local Community
- Activity Coordinator : **Dr. Seema Janglan**

Purpose of the Activity:

The purpose of the Renewable Resources and Environmental Awareness Drive is to educate the community about the importance of renewable energy sources and environmental conservation. This initiative aims to raise awareness about the environmental and economic benefits of using renewable resources, reduce reliance on fossil fuels, and promote sustainable practices to protect the planet for future generations. The goal is to inspire individuals and communities to adopt eco-friendly solutions that contribute to long-term environmental health and sustainability.

Description

The drive includes a variety of educational workshops, demonstrations, and interactive activities focused on renewable energy and environmental sustainability. Topics covered include solar energy, wind power, sustainable living practices, energy efficiency, and waste reduction. Experts in environmental science, renewable energy, and sustainable development lead these sessions, providing both theoretical knowledge and practical examples. Demonstrations on how to install solar panels, use energy-efficient appliances, and reduce household energy consumption help participants understand the application of renewable technologies in daily life. The outreach also features eco-friendly product exhibitions, waste recycling drives, and tree-planting activities to emphasize the importance of conservation. Additionally, informational booths provide resources on government incentives for renewable energy adoption and sustainable living practices.

Outcome

The Renewable Resources and Environmental Awareness Drive leads to increased knowledge and adoption of renewable energy practices within the community. Participants report implementing changes such as using energy-efficient appliances, reducing waste, and exploring renewable energy options for their homes. The outreach fosters a deeper understanding of how individual actions contribute to environmental preservation and climate change mitigation. Overall, the drive cultivates a community more committed to sustainability, with a shared responsibility for conserving natural resources and promoting a greener future.



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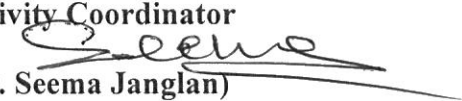
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Fig: Renewable Resources and Environmental Awareness Drive, organized by KSVAMC & RC, Shobhit University, Gangoh at Tatarpurkhurd

Activity Coordinator


(Dr. Seema Janglan)



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- Name of the Activity : Renewable Resources and Environmental Awareness Drive,
- Date of the Activity : 27-08-2020
- Place of the Activity : Tatarpurkhurd, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1	AAZAM CHAUHAN	20014300001	BAMS	1 st year	<i>AAZAM</i>
2	ABDUL KALAM	20014300002	BAMS	1 st year	<i>Abdul</i>
3	AHMED RESHAAM	20014300003	BAMS	1 st year	<i>Ahmed</i>
4	AIMAN NAZ ANSARI	20014300004	BAMS	1 st year	<i>Aiman</i>
5	AMAN GARG	20014300006	BAMS	1 st year	<i>Anil</i>
6	ANIL KUMAR	20014300007	BAMS	1 st year	<i>Anushka</i>
7	ANUSHKA GOYAL	20014300008	BAMS	1 st year	<i>A.C.</i>
8	ARSHAD ALI	20014300009	BAMS	1 st year	<i>Arshad</i>
9	DEV SINGH	20014300010	BAMS	1 st year	<i>Dev Singh</i>
10	DEVANG CHOUDHARY	20014300011	BAMS	1 st year	<i>Devang</i>
11	DIKSHANT KUMAR	20014300012	BAMS	1 st year	<i>D.K.</i>
12	DINESH KUMAR	20014300013	BAMS	1 st year	<i>Dinesh</i>
13	FARHEEN	20014300014	BAMS	1 st year	<i>Farheen</i>
14	GAURAV SHARMA	20014300015	BAMS	1 st year	<i>Gaurav</i>
15	GURMEET KUMAR	20014300016	BAMS	1 st year	<i>Gurmeet</i>
16	ISHIKA KAMBOJ	20014300017	BAMS	1 st year	<i>Ishika</i>
17	KM MAHIMA SINGH	20014300020	BAMS	1 st year	<i>Mahima</i>
18	KUMAR GAURAV	20014300021	BAMS	1 st year	<i>Gaurav</i>
19	KUNAL GARG	20014300022	BAMS	1 st year	<i>Kunal</i>
20	MANOJ KUMAR	20014300023	BAMS	1 st year	<i>M.K.</i>



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21	MANVENDRA KUMAR	20014300024	BAMS	1 st year	M.K
22	MOHD ZAKIR	20014300025	BAMS	1 st year	Zakir
23	NISHANT	20014300026	BAMS	1 st year	Nishant
24	PARVEZ ALAM	20014300027	BAMS	1 st year	Parvez
25	PREETI PAL	20014300029	BAMS	1 st year	Preeti Pal.

Signature of the Coordinator

Date: 02-08-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Preventive Health and Community Wellness Outreach, Lakhnauti on 13.08.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 13.08.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Lakhnauti, Saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Preventive Health and Community Wellness Outreach, Lakhnauti on 13.08.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **13-08-2020**
- Place of the Activity : **Lakhnauti, Saharanpur**
- No. of Student Participated : **27**
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Preventive Health and Community Wellness Outreach is to promote proactive health practices that focus on prevention rather than treatment. This initiative aims to educate community members on the importance of adopting healthy habits, such as regular physical activity, balanced nutrition, mental health care, and disease prevention strategies. By raising awareness and providing resources, the outreach seeks to empower individuals to take charge of their health and make informed decisions that contribute to long-term wellness.

Description

The outreach includes a range of activities such as health workshops, fitness demonstrations, nutrition education sessions, and mental health awareness programs. Topics cover key areas like healthy eating, exercise routines, the importance of regular health screenings, stress management, and immunization. Health professionals, fitness trainers, nutritionists, and mental health experts lead these sessions, offering practical advice and personalized tips. Interactive activities such as group exercise classes, healthy cooking demonstrations, and stress-reducing exercises like yoga or meditation allow participants to engage directly with the content. Additionally, free health screenings for blood pressure, cholesterol, and glucose levels are provided to identify early health risks, along with resources for accessing local healthcare services.

Outcome

The Preventive Health and Community Wellness Outreach results in increased awareness and improved health practices among participants. Many individuals report adopting healthier habits, such as exercising more regularly, improving their diet, and seeking preventive care through routine screenings. The outreach fosters a stronger sense of community, with residents supporting one another in their wellness journeys. Overall, the initiative contributes to a healthier community with reduced risks of preventable diseases, improved mental and physical well-being, and greater knowledge of health management.



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Fig: Preventive Health and Community Wellness Outreach, organized by KSVAMC & RC, Shobhit University, Gangoh at Lakhnauti

Activity Coordinator

(Dr. Kultar Singh)



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- Name of the Activity : Preventive Health and Community Wellness Outreach,
- Date of the Activity : 13-08-2020
- Place of the Activity : Lakhnauti, Saharanpur

Sr. No.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	SUBHAM SHARMA	19014300074	BAMS	2 nd year	Subham
2.	VASEEM ANSARI	19014300075	BAMS	2 nd year	Vaseem
3.	PARVEEN PAL	19014300076	BAMS	2 nd year	Parveen
4.	KM. TANU CHOUDHARY	19014300077	BAMS	2 nd year	Tanu
5.	VIKRANT PANWAR	19014300078	BAMS	2 nd year	Vikrant
6.	SAHJOOB	19014300079	BAMS	2 nd year	Sahjoob
7.	PARYAS	19014300080	BAMS	2 nd year	Paryas
8.	MOH AFROJ KHAN	19014300081	BAMS	2 nd year	Afroz Khan
9.	ASHU CHAUHAN	19014300082	BAMS	2 nd year	Ashu
10.	MONISH	19014300083	BAMS	2 nd year	Monish
11.	AASIF	19014300084	BAMS	2 nd year	Aasif
12.	ANSHUL	19014300085	BAMS	2 nd year	Anshul
13.	SAQIB JALAL KHAN	19014300086	BAMS	2 nd year	Saqib
14.	SHAHROKH	19014300087	BAMS	2 nd year	Shahrokh
15.	ROHIL	19014300088	BAMS	2 nd year	Rohil
16.	FAREED ANSARI	19014300089	BAMS	2 nd year	Fareed
17.	SONU KUMAR	19014300090	BAMS	2 nd year	Sonu
18.	VASHU KAMBOJ	19014300091	BAMS	2 nd year	Vashu



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19.	AYUSH PANWAR	19014300092	BAMS	2 nd year	A.K
20.	SUMAN GADHWAL	19014300093	BAMS	2 nd year	Suman
21.	MOHD AMIR	19014300094	BAMS	2 nd year	Amir
22.	DIVYANSHU MITTAL	19014300095	BAMS	2 nd year	Divyanshu
23.	SHAILZA SINGH	19014300096	BAMS	2 nd year	SS
24.	SURYA PRATAP	19014300097	BAMS	2 nd year	S.P
25.	KANIKA	19014300098	BAMS	2 nd year	Kanilca
26.	MOHD. SHOYAB	19014300099	BAMS	2 nd year	Shoyab
27.	ASHWANI KUMAR	19014300100	BAMS	2 nd year	Ashwani

Signature of the Coordinator



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Date: 21-07-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Healthy Living and Disease Prevention Awareness Drive, Lakhnauti on 03.08.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 03.08.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Lakhnauti, Saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



Dean/Principal



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Report

- Name of the Activity: **Healthy Living and Disease Prevention Awareness Drive, Lakhnauti on 03.08.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **03-08-2020**
- Place of the Activity : **Lakhnauti, Saharanpur**
- No. of Student Participated : **20**
- Beneficiaries : **Local Community**
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Healthy Living and Disease Prevention Awareness Drive is to empower community members with the knowledge and tools they need to lead healthier lives and prevent chronic diseases. This initiative aims to raise awareness about the risk factors for common diseases, such as diabetes, heart disease, and cancer, and promote healthy lifestyle choices, including proper nutrition, physical activity, and mental well-being. The goal is to reduce the incidence of preventable diseases by encouraging individuals to make proactive health decisions.

Description

The drive features a series of workshops, health screenings, and interactive sessions that focus on disease prevention and healthy living. Key topics include the importance of maintaining a balanced diet, regular exercise, stress management, smoking cessation, and regular health check-ups. Healthcare professionals, nutritionists, fitness experts, and mental health counselors lead these sessions, providing practical advice and guidance. Participants engage in activities such as fitness classes, cooking demonstrations, and mindfulness exercises, learning how to incorporate healthy habits into their daily routines. The drive also offers free health screenings for blood pressure, cholesterol, blood sugar, and body mass index (BMI) to help individuals assess their health status and identify risk factors early. Information booths and printed materials offer additional resources on disease prevention and wellness practices.

Outcome

The Healthy Living and Disease Prevention Awareness Drive results in a more informed and health-conscious community. Participants report adopting healthier eating habits, increasing physical activity, and seeking regular health screenings. Many individuals also express a stronger commitment to improving their mental and emotional well-being. The drive helps reduce the risk of chronic diseases, fosters community-wide engagement in health improvement, and contributes to a healthier, more proactive population.



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Fig: Healthy Living and Disease Prevention Awareness Drive, organized by KSVAMC & RC, Shobhit University, Gangoh Lakhnauti

Activity Coordinator

(Dr. Kultar Singh)



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- Name of the Activity : Healthy Living and Disease Prevention Awareness Drive,
- Date of the Activity : 03-08-2020
- Place of the Activity : Lakhjnauti, Saharanpur

Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	DEV SINGH	20014300010	B.A.M.S.	1 st year	Dev
2.	DEVANG CHOUDHARY	20014300011	B.A.M.S.	1 st year	D.C
3.	DIKSHANT KUMAR	20014300012	B.A.M.S.	1 st year	D.K
4.	DINESH KUMAR	20014300013	B.A.M.S.	1 st year	Dinesh
5.	FARHEEN	20014300014	B.A.M.S.	1 st year	Farheen
6.	GAURAV SHARMA	20014300015	B.A.M.S.	1 st year	G.G
7.	GURMEET KUMAR	20014300016	B.A.M.S.	1 st year	G.K
8.	ISHIKA KAMBOJ	20014300017	B.A.M.S.	1 st year	I.K
9.	KM MAHIMA SINGH	20014300020	B.A.M.S.	1 st year	Mahima
10.	KUMAR GAURAV	20014300021	B.A.M.S.	1 st year	Gaurav
11.	KUNAL GARG	20014300022	B.A.M.S.	1 st year	Kunal
12.	MANOJ KUMAR	20014300023	B.A.M.S.	1 st year	Manoj
13.	MANVENDRA KUMAR	20014300024	B.A.M.S.	1 st year	M.K
14.	MOHD ZAKIR	20014300025	B.A.M.S.	1 st year	Zakir
15.	NISHANT	20014300026	B.A.M.S.	1 st year	Nishant
16.	PARVEZ ALAM	20014300027	B.A.M.S.	1 st year	Parvez
17.	PREETI PAL	20014300029	B.A.M.S.	1 st year	Preeti Pal
18.	PRIYA NASKER	20014300030	B.A.M.S.	1 st year	Priya



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19.	PRIYA SAINI	20014300031	B.A.M.S.	1 st year	<i>Priya</i>
20.	RAM KASHYAP	20014300032	B.A.M.S.	1 st year	<i>R.S.</i>

R.S.
Signature of the Coordinator

Date: 10-07-2020

Notice

All the students of the Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh are hereby informed that Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh is organizing Sustainable Agriculture and Food Security Outreach, Lakhnauti on 01.08.2020 at 11:00 a.m. onwards. The details of the activity are as follows:

- **Date of the Activity : 01.08.2020**
- **Time of the Activity : 11:00 a.m. onwards**
- **Place : Village Lakhnauti, Saharanpur**
- **Activity Coordinator: Dr. Kultar Singh**



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Report

- Name of the Activity: **Sustainable Agriculture and Food Security Outreach, Lakhnauti on 01.08.2020**
- **Organized by:** Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh
- Date of the Activity : **01-08-2020**
- Place of the Activity : **Lakhnauti, Saharanpur**
- No. of Student Participated : **21**
- Beneficiaries : **Local Community**
- Activity Coordinator : **Dr. Kultar Singh**

Purpose of the Activity:

The purpose of the Sustainable Agriculture and Food Security Outreach is to promote agricultural practices that ensure long-term food security while minimizing environmental impact. This initiative aims to educate the community about sustainable farming techniques, the importance of local food production, and how these practices contribute to food security. By empowering individuals with knowledge on eco-friendly agriculture, the outreach seeks to improve food access, support local farmers, and promote a more resilient food system.

Description

The outreach includes a series of workshops, demonstrations, and hands-on activities focused on sustainable farming practices such as organic farming, crop rotation, water conservation, and composting. Experts in sustainable agriculture, agronomists, and local farmers lead these sessions, sharing practical knowledge on how to grow food efficiently and sustainably. Participants learn how to reduce pesticide use, conserve soil health, and implement eco-friendly practices that benefit both the environment and food production. The outreach also emphasizes the importance of supporting local food systems, promoting urban gardening, and educating on how individuals can reduce food waste. Additional activities such as farm visits, seed exchanges, and community gardening projects encourage active participation in sustainable agriculture. Educational materials and resources on sustainable farming techniques and local food networks are provided to participants.

Outcome

The Sustainable Agriculture and Food Security Outreach results in an increased understanding of sustainable farming practices within the community. Participants adopt more eco-friendly farming methods, such as using organic fertilizers and reducing water consumption. Many individuals also start their own home gardens, contributing to greater food security in the community. The initiative fosters collaboration between local farmers and residents, creating a stronger, more self-reliant food system. Ultimately, the outreach helps build a more sustainable and resilient agricultural community focused on long-term food security.



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Fig: Sustainable Agriculture and Food Security Outreach, Organized by Kunwar Shekhar Vijendra Ayurvedic Medical College & Research Centre (KSVAMC & RC), Shobhit University, Gangoh at Lakhnauti

Activity Coordinator

(Dr. Kultar Singh)



Shobhit University

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Name of the Activity : Sustainable Agriculture and Food Security Outreach,
Date of the Activity : 01-08-2020
Place of the Activity : Lakhnauti, Saharanpur

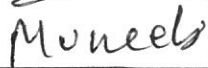
Sr. NO.	NAME	ROLL NO.	PROGRAM	YEAR	SIGNATURE
1.	KM. VIDHI ARYA	18014300044	BAMS	4 th year	Vidhi
2.	LALIT SINGH	18014300045	BAMS	4 th year	Lalit
3.	MD ABID RAJA	18014300046	BAMS	4 th year	Abid
4.	MD AQUIB	18014300047	BAMS	4 th year	Aquib
5.	MD MOHIB ALI	18014300048	BAMS	4 th year	Mohib Ali
6.	MEHAK	18014300049	BAMS	4 th year	Mehak
7.	MOHAMMAD	18014300050	BAMS	4 th year	Mohammad
8.	MOHD RIZWAN	18014300051	BAMS	4 th year	Rizwan
9.	MOHD SADIQ	18014300052	BAMS	4 th year	Sadiq
10.	MOHD ZUBAIR	18014300053	BAMS	4 th year	Zubair
11.	MOHD. MUSHARRAF	18014300054	BAMS	4 th year	Musharraf
12.	MOHD. RAFAKAT	18014300055	BAMS	4 th year	Rafakat
13.	MOHD. RAMEEZ	18014300056	BAMS	4 th year	Rameez
14.	MOHD. RASHID	18014300057	BAMS	4 th year	Rashid
15.	MOHD. RASHID ALI	18014300058	BAMS	4 th year	Rashid
16.	MOHD. SHADAB	18014300059	BAMS	4 th year	Shadab
17.	MOHD. SHADAN	18014300060	BAMS	4 th year	Shadan
18.	MOHD. SHARIQ REHMAN	18014300061	BAMS	4 th year	Shariq
19.	MOHD. SUHAIL	18014300062	BAMS	4 th year	Suhail



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20.	MOHIT LAL PARAJAPATI	18014300063	BAMS	4 th year	
21.	MUNEEB AHAMAD	18014300064	BAMS	4 th year	


Signature of the Coordinator